

## FutureNet Approved CAPP Curricula 2008-2009

### Becoming a Responsible Teen

- HIV prevention, sex education, and behavioral skills training
- eight sessions, each lasting 1 and a half to two hours, delivered once per week
- urban youth ages 14-18
- \*similar outcomes as Safer Choices

### Draw the Line

- STI, HIV, and teen pregnancy prevention
- grades 6, 7, & 8
- 19 lesson curriculum
- currently working on evaluation (Spring '09)
- promising approach

### Reducing the Risk

- sex-ed including abstinence and contraception
- 16 sessions, 45-90 minutes
- high school
- \*increased use of contraception among sexually active youth

### Safer Choices

- STI, HIV, and teen pregnancy prevention curriculum
- twenty sessions, each lasting one class period, divided evenly over two years
- high school students, 9th or 10th grade
- \*increased condom use, delay sexual debut, increased HIV testing, reduced incidence of unprotected sex, increased use of effective contraception

### Making Proud Choices

- a safer sex approach to reducing STD's, HIV and pregnancy
- eight, one hour sessions addresses attitudes and beliefs (4 two-hour or 8 one-hour sessions also acceptable)
- ages 11-13
- \*same outcomes as Safer Choices with the addition of behavioral
- increased negotiation skills, improved condom use, ability to negotiate safer sex

### SiHLE

- STI and HIV community-based prevention program for African American youth in health clinics.
- four, 4-hour interactive group sessions, held on consecutive Saturdays
- sexually active African American females, ages 14-18
- reduced number of sexual partners and incidence of unprotected sex